



*Tsoom Kav Tswj ntawm
Cov Neeg Ntseeg Siab*

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*Txhawb txhua tus me
nyuam kom muaj txoj kev
ntshaw los ua tau yam zoo
tshaj plaws txhua hnuv*

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Nyob zoo TR Family,

Peb muaj cov ntaub ntawv tseem ceeb los qhia txog qhov teeb meem ceeb toom cuam tshuam rau tsev neeg, tsev kawm ntawv thiab tag nrho cov zej zog thoob tebchaws, suav nrog Twin Rivers Unified.

Lub lim tiam no, ob tug TR cov tub ntxhais kawm raug thauj mus rau hauv tsev kho mob hauv zos vim muaj peev xwm siv tshuaj ntau dhau. Cov tub ntxhais kawm ua OK, tab sis qhov xwm txheej no tsis yog OK. Raws li cov kws qhia ntawv, cov niam txiv thiab cov neeg hauv zej zog, peb qhov kev sib tw yeej tsis muaj ntau dua, thiab yog vim li cas.

Lub [Xeev California Lub Tsev Haujlwm Saib Xyuas Kev Noj Qab Haus Huv tsis ntev los no tau tshaj tawm tsab ntawv ceeb toom txog fentanyl](#) , uas muaj zog heev thiab txaus ntshai hluavtaws opioid. Fentanyl yog ib qho tseem ceeb rau kev siv tshuaj ntau dhau, suav nrog cov hluas. Cov ntaub ntawv ntawm fentanyl yog dhau qhov txaus ntshai - 80 mus rau 100 lub sijhawm muaj zog dua li morphine thiab 50 npaug ntau dua li tus heroin. Qee cov tshuaj fentanyl overdoses tshwm sim ntawm cov neeg uas paub tias lawv siv cov tshuaj opioid. Txawm li cas los xij, cov tub ceev xwm hais tias muaj ntau qhov kev noj tshuaj ntau dhau ntawm fentanyl tau tshwm sim ntawm cov tib neeg siv lwm yam tshuaj xws li cocaine, methamphetamine thiab cov tshuaj cuav zoo li Percocet thiab Xanax.

Lwm qhov kev muaj tiag tiag-cov neeg lag luam yeeb tshuaj ua rau fentanyl zoo li khoom qab zib hauv kev sib zog los thov rau cov menyuam yaus. Nws tuaj nyob rau hauv ntau yam xim ci, duab thiab ntau thiab tsawg thiab hu ua zaj sawv fentanyl.

Kom meej meej, txhua yam tshuaj uas tsis yog los ntawm tus kws kho mob lossis tus kws muag tshuaj muaj ntawv tso cai tuaj yeem muaj fentanyl thiab yuav tsum muab pov tseg tam sim ntawd . Hauv cov lus ntawm tus pab xibfwb ntawm Harvard TH Chan Tsev Kawm Ntawv Kev Noj Qab Haus Huv, "Kev pheej hmoo nrog fentanyl tsis yog kev quav tshuaj lossis lwm yam kev mob tshwm sim - nws tsuas yog tuag."

Twin Rivers ua dab tsi?

- nthuav kev koom tes nrog cov koom haum sib txawv zoo li Arrive Alive California kom cov tub ntxhais kawm thiab niam txiv kev paub txog kev siv tshuaj opioids thiab fentanyl. Peb yuav tuav lub rooj sib tham hauv zej zog hauv nroog thiab ceeb toom rau cov zej zog ntawm hnuv thiab sijhawm .
- Lub nroog txuas ntiv nthuav tawm Narcan mus rau txhua lub tsev kawm ntawv chaw saib xyuas kev noj qab haus huv raws li cov lus qhia rau TRUSD cov txheej txheem tshuaj hauv tsev kawm. **Narcan yog cov tshuaj cawm txoj sia uas tsim los pab thim rov qab cov teebmeem ntawm opioid overdose hauv feeb. Narcan tam sim no nyob ntawm txhua qhov chaw thib ob. K-8 cov chaw saib xyuas kev noj qab haus huv thiab cov chaw ua haujlwm theem pib yuav raug khaws cia rau ob peb lub lis piam tom ntej.**
- Txhua tus kws saib xyuas neeg mob hauv tsev kawm ntawv thiab Twin Rivers tub ceev xwm muaj cov koob tshuaj Narcan nqa thaum lawv mus ncig ntawm tsev kawm ntawv.

Nplooj 2

- Tuav cov neeg ua haujlwm kev cob qhia txog kev siv Narcan thiab tsim cov cai nruj Narcan hauv koog tsev kawm ntawv - tsuas yog cov neeg ua haujlwm raug cob qhia tuaj yeem tswj hwm cov tshuaj.
- Lub koog tsev kawm ntawv Txoj Kev Tiv Thaiv Kev Siv Tshuaj Yeeb (TUPE) txoj haujlwm thiab TR cov kev pabcuam kev noj qab haus huv yuav tuav ib hmos hauv koog tsev kawm ntawv cov niam txiv virtual nyob rau lub hlis no kom muaj kev paub txog cawv, luam yeeb thiab tshuaj. Cov niam txiv yuav tau ceeb toom txog hnuv tim, sijhawm thiab Zoom txuas

Koj yuav pab tau li cas?

- Sib tham txog kev phom sij ntawm fentanyl rau koj cov menyuam thiab pab lawv nkag siab txog qhov txaus ntshai thiab qhov tshwm sim ntawm kev siv yeeb tshuaj.
- Nco ntsoov lawv tsuas yog noj cov tshuaj uas lawv tus kws kho mob tau sau tseg, thiab tsuas yog noj raws li qhia. Tsis txhob faib lossis muag tshuaj thiab tsis txhob yuav cov tshuaj uas tsis tau sau tseg rau lawv.
- Ntxuav koj lub txee tshuaj tsis tu ncu. Pov tseg cov tshuaj uas tsis siv thiab tas sijhawm ntawm ib qho ntawm Sacramento County qhov chaw pov tseg kom zoo. Nyem [qhov no](#) kom paub ntau ntxiv txog kev pov tseg cov tshuaj uas tsis siv lossis tas sijhawm.

Cov ntawv txuas hauv qab no tuaj yeem pab tau kom nkag siab txog qhov teeb meem ntawm kev siv yeeb tshuaj thiab tham nrog koj cov menyuam:

- [Tshuaj, Opioids, thiab Fentanyl - Cov Niam Txiv Ua Li Cas?](#)
- [TR Emergency Numbers](#)
- [TR Social Emotional & Behavior Resources](#)
- [Ib ntsiav tshuaj tua tau](#)
- [Zach zaj dab neeg](#)
- [California Department of Public Health \(CDPH\) California Overdose Surveillance Dashboard](#)

Kev paub thiab kev kawm yog qhov tseem ceeb rau kev txwv kev siv yeeb tshuaj. Thov paub tias Twin Rivers Unified yuav ua txhua yam ua tau los txhawb kev coj tus cwj pwm zoo hauv thiab sab nraud ntawm chav kawm kom muaj kev nyab xeeb thiab noj qab nyob zoo rau txhua tus menyuam kawm ntawv.

Ua tsaug,



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